### Appendix B: Promoting Continence Using Prompted Voiding Algorithm

**Assessment**
- ✓ History of incontinence
- ✓ Cognitive awareness of voiding
- ✓ Motivation to be continent
- ✓ Fluid intake
- ✓ Frequency of bowel movement
- ✓ Medical/surgical history
- ✓ Medications
- ✓ Functional ability
- ✓ Environmental barriers
- ✓ Presence of infection

**Prompted Voiding Protocol**
- ✓ Three-day voiding record

**Decision to proceed to prompted voiding protocol**

**Address constipation/fecal impaction**

**Minimize caffeinated and alcoholic beverages (ensure adequate fluid intake)**

**Initiate individualized prompted voiding schedule**

**Protocol in place for minimum of 3 weeks and maximum of 8 weeks**

**Evaluate using 3-day voiding record**