Appendix H: Example: Historical-Clinical-Risk Management: 20 (HCR-20)

Historical-Clinical-Risk Management: 20 (HCR-20)

Historical Scale

H1 Previous Violence
H2 Young Age at First Violence Incident
H3 Relationship Instability
H4 Employment Problems
H5 Substance Use Problems
H6 Major Mental Illness
H7 Psychopathy
H8 Early Maladjustment
H9 Personality Disorder
H10 Prior Supervision Failure

Clinical Scale

C1 Lack of insight
C2 Negative Attitudes
C3 Active Symptoms of Major Mental Illness
C4 Impulsivity
C5 Unresponsive to Treatment

Risk Management Scale

R1 Plans Lack Feasibility
R2 Exposure to De-stabilizers
R3 Lack of Personal Support
R4 Noncompliance with Remediation Attempts
R5 Stress

The HCR-20 is used in mental health, forensic and criminal justice settings. The presence or absence of the 20 historical-clinical-risk management factors are identified according to 3 levels: Absent; Possible Present; or Definitely Present. The risk for future violence is assessed by the evaluation of the 20 risk items. HCR-20 is published by the Mental Health, Law and Policy Institute at Simon Fraser University. The HCR-20 Violence Risk Management Companion Guide is available. For information: http://kdouglas.wordpress.com/hcr-20/

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