Example: Universal Falls Precautions Poster from Fraser Health (British Columbia, Canada)

Safe environment
- Bottom bed rails down unless assessed otherwise
- Pathways clear of clutter and tripping hazards
- Bed and chair brakes are "on"
- Lights are working and “on” as required

Assist with mobility
- Mobilize at least twice/day
- Transfer / mobility assist posted
- Glasses, hearing and mobility aids within reach

Fall risk reduction
- Intentional Hourly Rounding (see other side)
- Safe and regular toileting
- Call bell and personal items in patient’s reach
- Bed lowered to patient’s knee height
- Non-skid footwear in use

Engage patient and family
- Discuss risk factors with patients and families
- Agree on a Fall and Injury reduction plan