Appendix L: Example: ABC (Antecedent-Behaviour-Consequence) Charting Template

Figure 1. Antecedent-Behaviour-Consequence charting template

DATE AND TIME OF DAY	ANTECEDENT (IS THERE A TRIGGER?)	BEHAVIOUR (DESCRIPTION)	Consequence (WHAT WAS THE RESPONSE?)

Adapted from Proulx.10

Source: Omelan, C. (2006). CME: Approach to managing behavioural disturbances in dementia. Canadian Family Physician, February, 52, pg.193.

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