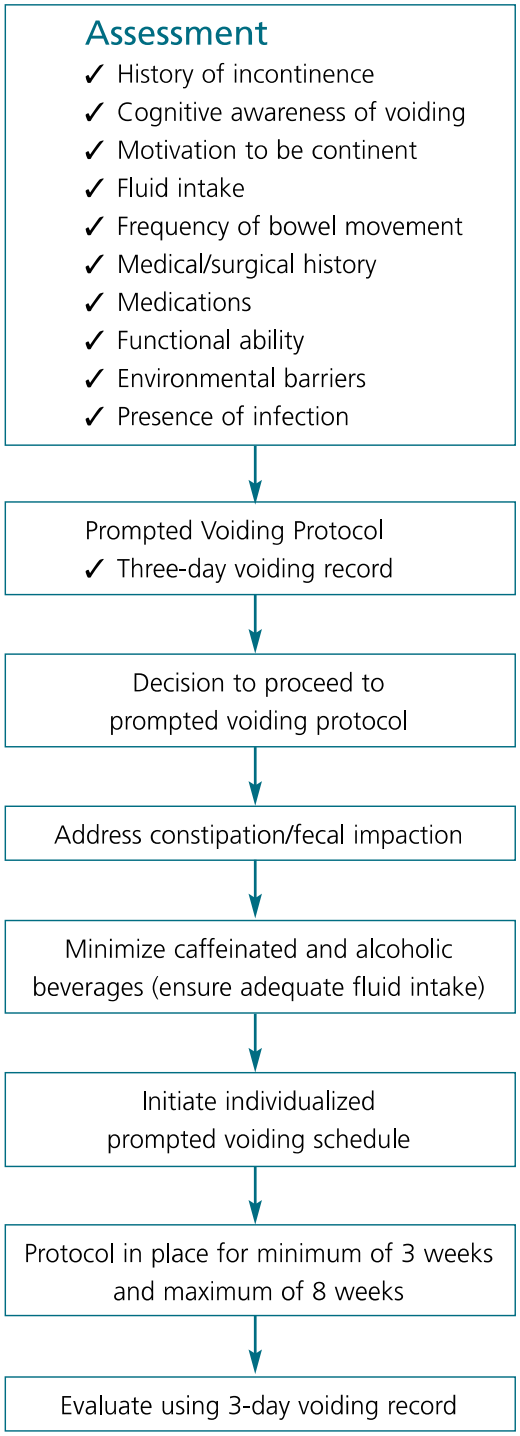Appendix B: Promoting Continence Using Prompted Voiding Algorithm