

## Appendix H: Resource List

This resource list can be completed with details specific to your region. Information on this list should be validated and kept up-to-date.

RESOURCE	NAME OF RESOURCE/ CONTACT DETAILS	COMMENTS
Emergency, hotlines, helplines (e.g., seniors abuse line, crisis line, 911)		
Safe houses, safe accommodation, shelters, transitions houses		
Victim services (e.g., police-based services; sexual assault centre; fraud detection)		
Response team or resource team for cases of abuse and neglect		
Information and resource centres		
Provincial or territorial networks (refer to <b>Appendix J</b> )		
Associations (e.g., Alzheimer's Society)		
Seniors organizations for recreation, education, peer support, advocacy		
Community centre/seniors' centres: social activities, wellness, education		

RESOURCE	NAME OF RESOURCE/ CONTACT DETAILS	COMMENTS
Pension information: sources to find information or assistance with Canada Pension Plan, Old Age Security and Guaranteed Income Supplement		
Health services: home care, home visiting for house-bound seniors, nursing station (for remote communities)		
Community health centres: health promotion, primary health care		
Home services: housekeeping, home meal delivery		
Respite care		
Language services (i.e., translation/interpretation services)		
Immigrant or refugee services		
Ethnocultural organizations that address abuse issues		
Counseling and mental health services: support groups (for older adults or for caregivers), addictions counselors, healing circles		
Programs for people who abuse or neglect		

RESOURCE	NAME OF RESOURCE/ CONTACT DETAILS	COMMENTS
Community Leadership (Chief and Council)		
Community police		
Clergy/faith healer		
Legal aid/legal services for low income people		
Public Guardian/Trustee/Curator services: if older adult is mentally incapable of financial and/or personal care decision-making. May act as a financial and/or personal decision maker if no one else is appropriate and available.		
Ombudsman: investigates complaints of public services; advises government; recommends changes to practices, policies and legislation.		
Other		