

## Appendix I: Medication Resources

A selection of medication resources identified within the systematic review, AGREE II-appraised guidelines, and by the expert panel are outlined in alphabetical order in Table 19. Inclusion in this list does not constitute an endorsement by RNAO.

**Table 19: List of Medication Resources**

RESOURCE	DESCRIPTION	ACCESS
<b>Beers Criteria</b>	<p>Outlines medication classes that should be avoided or used with caution in older adults.</p> <p>Pocket cards may be purchased through the American Geriatrics Society website.</p>	<p><i>American Geriatrics Society Updated Beers Criteria for Potentially Inappropriate Medication Use in Older Adults (2015): <a href="https://www.guideline.gov/content.aspx?id=49933">https://www.guideline.gov/content.aspx?id=49933</a></i></p>
<b>Canadian Patient Safety Institute</b>	<p>Provides a <a href="#">Medication Reconciliation (Med Rec): Getting Started Kit</a> for home care, acute care, and long-term care, with the goal of preventing adverse drug events by implementing a medication reconciliation process upon admission, transfer, and discharge.</p> <p>Provides a Getting Started Kit, <a href="#">Reducing Falls and Injuries from Falls</a> with information on medications associated with falls.</p>	<p><a href="http://www.patientsafetyinstitute.ca/en/Pages/default.aspx">http://www.patientsafetyinstitute.ca/en/Pages/default.aspx</a></p>
<b>Centre for Effective Practice (CEC)</b>	<p>Provides a tool designed to help health-care providers understand, assess, and manage residents in long-term-care homes with behavioural and psychological symptoms of dementia, with a focus on appropriate use of antipsychotic medications. See “Antipsychotics and Dementia” under Tools.</p>	<p><a href="http://effectivepractice.org/">http://effectivepractice.org/</a></p>
<b>STOPP &amp; START Criteria</b>	<p>Addresses potentially inappropriate prescribing in older adults, including a screening tool of older persons’ prescriptions (STOPP) and a screening tool to alert to right treatment (START).</p>	<p>See O’Mahony, D., Gallagher, P., Ryan, C., Byrne, S., Hamilton, H., Barry, P., ... Kennedy, J. (2010). STOPP &amp; START criteria: A new approach to detecting potentially inappropriate prescribing in old age. <i>European Geriatric Medicine</i>, 1(1), 45–51.</p>