

Appendix I: Best Possible Medication History Interview Guide

This interview guide from Alberta Health Services provides a list of questions health providers can ask when conducting a best possible medication history.

Figure 6: Best Possible Medication History Interview Guide

<p>Preparation</p> <p>Prior to beginning the interview, gather any of the patient's medication information that may be readily available.</p> <p>Introduction</p> <p>Introduce self and profession.</p> <ul style="list-style-type: none"> • I would like to take some time to review the medications you take at home. • I have a list of medications from your chart/file and want to make sure it is accurate and up to date. • Would it be possible to discuss your medications with you (or a family member) at this time? • Is this a convenient time for you? Do you have a family member who knows your medications that you think should join us? • How can we contact them? <p>Information Gathering</p> <ul style="list-style-type: none"> • Do you have your medication list or pill bottles (vials) with you? • Use show and tell technique when they have brought the medication vials with them <ul style="list-style-type: none"> - How do you take (medication name)? - How often or When do you take (medication name)? • Collect information about dose, route and frequency for each drug. If the patient is taking a medication differently than prescribed, record what the patient is actually taking and note the discrepancy. • Are there any prescription medications you (or your physician) have recently stopped or changed? • What was the reason for this change? 	<p>Medication Allergies</p> <ul style="list-style-type: none"> • Are you allergic to any medications? • If yes, what happens when you take (allergy medication name)? <p>Community Pharmacy</p> <ul style="list-style-type: none"> • What is the name and location of the pharmacy you normally go to? (Anticipate more than one). • May we call your pharmacy to clarify your medications if needed? <p>Prescription Medicines</p> <ul style="list-style-type: none"> • These include anything you can only obtain with a doctor's order such as heart pills, inhalers, sleeping pills. <p>Antibiotics</p> <ul style="list-style-type: none"> • Have you used any antibiotics in the past 3 months? If so, what are they? <p>Inhalers/Patches/Creams/Ointments/Injectables/Samples</p> <ul style="list-style-type: none"> • Do you use: <ul style="list-style-type: none"> - Inhalers? - Medicated patches? - Medicated creams or ointments? - Injectable medications (e.g. insulin)? • For each, if yes, <ul style="list-style-type: none"> - How do you take (medication name)? - Include name, strength, how often. • Did your doctor give you any medication samples to try in the last few months? If yes, what are the names? 	<p>Eye/Ear/Nose Drops</p> <ul style="list-style-type: none"> • Do you use any eye drops? If yes, <ul style="list-style-type: none"> - What are the names? - How many drops do you use? How often? - In which eye? • Do you use ear drops? If yes, <ul style="list-style-type: none"> - What are the names? - How many drops do you use? How often? - In which ear? • Do you use nose drops/nose sprays? If yes, <ul style="list-style-type: none"> - What are the names? - How do you use them? - How often? <p>Over the Counter (OTC) Medications</p> <ul style="list-style-type: none"> • Do you take any medications that you buy without a doctor's prescription? Give examples, (i.e., Aspirin). If yes, <ul style="list-style-type: none"> - How do you take (OTC medication name)? <p>Vitamins/Minerals/Supplements</p> <ul style="list-style-type: none"> • Do you take any: <ul style="list-style-type: none"> - vitamins (e.g. multivitamin)? - minerals (e.g. calcium, iron)? - supplements (e.g. glucosamine, St. John's Wort)? • If yes, how do you take them? • Do you ever take recreational drugs (e.g. alcohol, marijuana)? If yes, how do you take them? How often? <p>Tips on Concluding the Interview</p> <ul style="list-style-type: none"> • This concludes our interview. • Thank you for your time. • Do you have any questions? • If you happen to remember anything after our discussion please follow up with your healthcare provider to update your information.
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**A GOOD BPMH USES
AT LEAST TWO DIFFERENT
SOURCES OF INFORMATION.**

albertahealthservices.ca/medlist

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