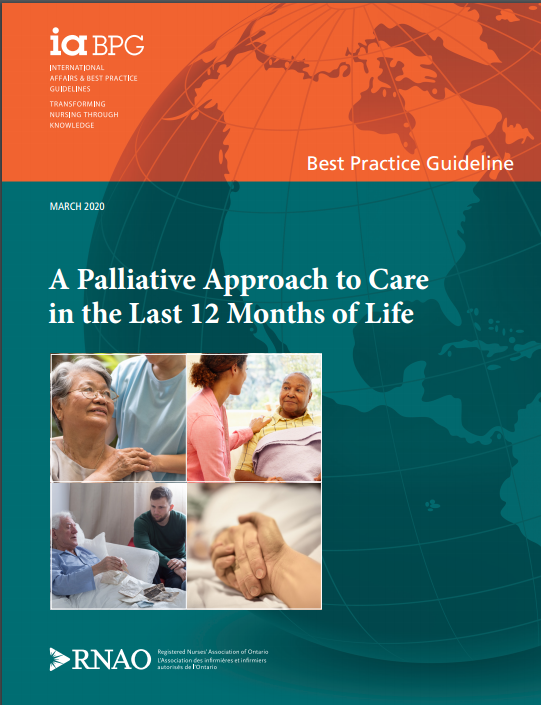
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**Gap Analysis:**

***A Palliative Approach to Care in the Last 12 Months of Life,***

**March 2020**

**Work Sheet**



This guideline can be downloaded for free at:

<https://rnao.ca/sites/rnao-ca/files/bpg/PALLATIVE_CARE_WEB.pdf>

Leading Change Toolkit (3rd edition)

[Leading Change Toolkit™ | RNAO.ca](https://rnao.ca/leading-change-toolkit)

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| --- | --- | --- | --- | --- |
| Date Completed: | |  | | |
|  | | | | |
| Team Members participating in the Gap Analysis: | | | | |
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**Completion of this gap analysis allows for the annual comparison of your current practice to evidence-based practices as regulated by the MOHLTC per Fixing Long-Term Care Act, 2021 at** [**https://www.ontario.ca/laws/statute/21f39**](https://www.ontario.ca/laws/statute/21f39) & [**O. Reg. 246/22: GENERAL (ontario.ca)**](https://www.ontario.ca/laws/regulation/r22246)

| **RNAO Best Practice Guideline Recommendations** | Met | Partially Met | Unmet | Notes  (Examples of what to include: is this a priority to our home, information on current practice, possible overlap with other programs or partners) |
| --- | --- | --- | --- | --- |
| **Recommendation Question #1:**  **Should an interprofessional approach be recommended for the provision of care to adults in the last 12 months of life?**  **Outcomes:** Person and family experience with care; effectiveness of provided care from the person and family perspective;  access to care; coordination of care; transitions in care; effectiveness of provided care from the health provider perspective | | | | |
| 1.1: The expert panel recommends that health-service organizations implement an interprofessional model of care for the provision of palliative care and end-of-life care to persons and families.  Strong |  |  |  |  |
| 1.2: The expert panel recommends that the interprofessional health team, in collaboration with the person and family, develop an individualized, person-centred plan of care and re-evaluate the plan of care based on the changing status, needs and preferences of the person.  Strong |  |  |  |  |
| **Recommendation Question #2:**  **What nurse-led interventions should be recommended for a palliative approach to the delivery of care in the last 12 months of life?**  **Outcomes:** Support for spiritual care; support for emotional care; support for existential care; care in alignment with the  person’s wishes; culturally safe care; place of death | | | | |
| 2.1: The expert panel recommends that nurses assess the cultural needs and values of persons and families.  Strong |  |  |  |  |
| 2.2: The expert panel recommends that nurses perform ongoing assessments of persons and families for the following:   * values, beliefs, expectations and preferences about progressive life-limiting illness and death; and * preferred place of death.   Strong |  |  |  |  |
| 2.3: The expert panel suggests that as part of a holistic assessment, nurses assess the spiritual, emotional and existential needs of persons and families, including:   * concerns about end of life; and * presence of spiritual, emotional and existential distress.   Conditional |  |  |  |  |
| 2.4: The expert panel recommends that nurses address the person’s and family’s palliative care and end-of-life care expectations  Strong |  |  |  |  |
| 2.5: The expert panel suggests that nurses provide opportunities for life reflection to persons and families  Conditional |  |  |  |  |
| 2.6: The expert panel recommends that nurses facilitate access to resources, space and services needed by persons and families for cultural, spiritual and/or religious practices.  Strong |  |  |  |  |
| 2.7: The expert panel recommends that for persons who prefer to die at home, health-service organizations implement high-quality home and community care, which includes:   * access to after-hours services; * care coordination; and * support provided by an interprofessional health team.   Strong |  |  |  |  |
| **Recommendation Question #3:**  **Should continuing education, targeted skills training and debriefing be recommended for supporting nurses and the**  **interprofessional health team who provide care to persons in the last 12 months of life and their families?**  **Outcomes:** Compassion fatigue; stress/distress; resilience | | | | |
| 3.1: The expert panel recommends that health-service organizations provide education and skills training for nurses and the interprofessional health team related to self-care, including stress management and mitigation of compassion fatigue.  Strong |  |  |  |  |
| 3.2: The expert panel recommends that health-service organizations provide time and resources for nurses and the interprofessional health team to engage in debriefing  Strong |  |  |  |  |