

Appendix I: Medication Resources

A selection of medication resources identified within the systematic review, AGREE II-appraised guidelines, and by the expert panel are outlined in alphabetical order in Table 19. Inclusion in this list does not constitute an endorsement by RNAO.

Table 19: List of Medication Resources

RESOURCE	DESCRIPTION	ACCESS
Beers Criteria	<p>Outlines medication classes that should be avoided or used with caution in older adults.</p> <p>Pocket cards may be purchased through the American Geriatrics Society website.</p>	<p><i>American Geriatrics Society Updated Beers Criteria for Potentially Inappropriate Medication Use in Older Adults (2015)</i>: https://www.guideline.gov/content.aspx?id=49933</p>
Canadian Patient Safety Institute	<p>Provides a Medication Reconciliation (Med Rec): Getting Started Kit for home care, acute care, and long-term care, with the goal of preventing adverse drug events by implementing a medication reconciliation process upon admission, transfer, and discharge.</p> <p>Provides a Getting Started Kit, Reducing Falls and Injuries from Falls with information on medications associated with falls.</p>	<p>http://www.patientsafetyinstitute.ca/en/Pages/default.aspx</p>
Centre for Effective Practice (CEC)	<p>Provides a tool designed to help health-care providers understand, assess, and manage residents in long-term-care homes with behavioural and psychological symptoms of dementia, with a focus on appropriate use of antipsychotic medications. See “Antipsychotics and Dementia” under Tools.</p>	<p>http://effectivepractice.org/</p>
STOPP & START Criteria	<p>Addresses potentially inappropriate prescribing in older adults, including a screening tool of older persons’ prescriptions (STOPP) and a screening tool to alert to right treatment (START).</p>	<p>See O’Mahony, D., Gallagher, P., Ryan, C., Byrne, S., Hamilton, H., Barry, P., ... Kennedy, J. (2010). STOPP & START criteria: A new approach to detecting potentially inappropriate prescribing in old age. <i>European Geriatric Medicine</i>, 1(1), 45–51.</p>