

Appendix H: Example: Historical-Clinical-Risk Management: 20 (HCR-20)

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Historical Scale

- H1 Previous Violence
- H2 Young Age at First Violence Incident
- H3 Relationship Instability
- H4 Employment Problems
- H5 Substance Use Problems
- H6 Major Mental Illness
- H7 Psychopathy
- H8 Early Maladjustment
- H9 Personality Disorder
- H10 Prior Supervision Failure

Clinical Scale

- C1 Lack of insight
- C2 Negative Attitudes
- C3 Active Symptoms of Major Mental Illness
- C4 Impulsivity
- C5 Unresponsive to Treatment

Risk Management Scale

- R1 Plans Lack Feasibility
- R2 Exposure to De-stabilizers
- R3 Lack of Personal Support
- R4 Noncompliance with Remediation Attempts
- R5 Stress

The HCR-20 is used in mental health, forensic and criminal justice settings. The presence or absence of the 20 historical-clinical-risk management factors are identified according to 3 levels: Absent; Possible Present; or Definitely Present. The risk for future violence is assessed by the evaluation of the 20 risk items. HCR-20 is published by the Mental Health, Law and Policy Institute at Simon Fraser University. The HCR-20 Violence Risk Management Companion Guide is available. For information: <http://kdouglas.wordpress.com/hcr-20/>

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