

Addressograph

**7-Day Bowel Record
IDENTIFICATION**

Resident	
Start Date	
End Date	

Date	Time of BM	Description of BM	Toilet or Commode used (√)	Incontinent (√)	Bowel Protocol Items Given (Natural Stimulant, Laxative, Suppository, Enema)

Adapted from: Ontario Association of Non-Profit Homes and Services for Seniors. (2005). *A Resource Guide for Long Term Care Homes: Skin and Wound Care, Continence Care, Nutrition and Hydration*. Woodbridge, Canada: Ontario Association of Non-Profit Homes and Services for Seniors.