

Appendix K: InterRAI Pressure Ulcer Risk Scale

For more information about this tool, please refer to: www.biomedcentral.com/content/pdf/1471-2318-10-67.pdf

Source: Poss, J., Murphy, K., Woodbury, M, Orsted, H., Stevenson, K., Williams, G. et al. (2010). Development of interRAI Pressure Ulcer Risk Scale (PURS) for use in long-term care and home care setting. *BioMed Central Geriatrics*, 10, 67

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InteRai PURS Assessment	Score
<input type="checkbox"/> Bed mobility: Ability to move from to and from lying position, turn and position body in bed	0 - <input type="checkbox"/> Self performance 1 - <input type="checkbox"/> Support required
<input type="checkbox"/> Walk in room: How resident walks between locations in own room	0 - <input type="checkbox"/> Self performance 1 - <input type="checkbox"/> Support required
<input type="checkbox"/> Bowel Continence: Control of bowel movement, with appliance, or bowel program	0 - <input type="checkbox"/> Yes 1 - <input type="checkbox"/> No
<input type="checkbox"/> Weight Change : weight loss - 5% or more in last 30 days or 10% or more in last 180 days	0 - <input type="checkbox"/> No 1 - <input type="checkbox"/> Yes
<input type="checkbox"/> Hx of resolved pressure ulcers: Resident has a PU that was resolved in last 90 days	0 - <input type="checkbox"/> No 2 - <input type="checkbox"/> Yes
<input type="checkbox"/> Pain Symptoms: Frequency that resident complains or shows evidence of pain	0 - <input type="checkbox"/> No pain 1 - <input type="checkbox"/> Pain daily
<input type="checkbox"/> Shortness of Breath	0 - <input type="checkbox"/> No 1 - <input type="checkbox"/> Yes
Add numbers to obtain Total Score	(higher score = ↑ risk for developing a pressure ulcer)